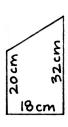
Zero Waste In-seam Pocket

Invisible from the outside, **in-seam pockets** are also called hidden pockets or secret pockets.

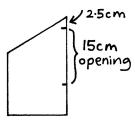
In most cases, with a little unpicking, they can be retro-fitted to finished garments.

Make a pattern



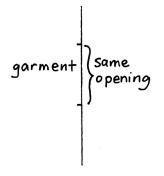
The pattern piece for the pocket bag looks like a rectangle with an angled top. You can choose the dimensions you like, but these measurements work quite well for an adult.





Mark in the opening for the hand on the longest side, 2.5cm/1" down from the top. Mark it with tiny notches, 3mm/1/8" deep.

15cm/6" is a good sized opening, but for menswear or people with bigger hands, try 18cm/7". For children's clothes, try 10cm/4" or 13cm/5" - adjust the pocket bag size for a smaller or larger bag.

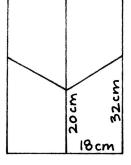


Mark in the same length opening on the garment's seam, in the position you want the pocket. Mark it on *both* seams.

To cut

The pattern piece fits together with itself like this. \rightarrow

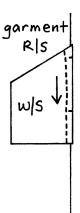


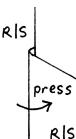


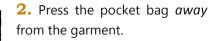
Note that two pieces on their own won't give you a pair of pocket bags - it needs to be mirrored. In other words, you need to commit to two pockets.

To sew

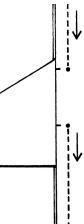
1. Sew each pocket bag to the garment, right sides together and matching the notches. Take a 6mm/ ¼" seam allowance and stitch along the whole edge of the pocket bag. Overlock.







3. Sew the garment's seam, taking the correct seam allowance, leaving a gap for the pocket opening.



4. Sew around the pocket bag.Overlock. Press the seam and

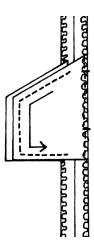
pockets towards the garment's front.

✗ What if your garment has open seams?

Before you start, overlock the edges of the pocket bags excluding the longest (notched) edge.

Sew Step 1 and overlock the entire length of the seam.

Sew Steps 2 & 3 as usual. Press the garment's seam open and sew the pocket bags together as they lie. \rightarrow



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